

# Development of a Silk Fibroin Scaffold for Gingival Regeneration: Formulation, Efficacy Testing, and Expected Clinical Application

Hyunho Shin (hyunho.shin@noctuabio.co.kr)

## Abstract

Gingival recession, characterized by the apical migration of gingival tissue, leads to root exposure and subsequent complications such as sensitivity, root caries, and periodontal disease. Current treatment options, including tissue grafts and regenerative therapies, are limited by their invasiveness and inconsistent outcomes (1). This study proposes a silk fibroin scaffold infused with three growth factors (EGF, FGF, VEGF) and three adhesive proteins (laminin, fibronectin, osteonectin) to enhance gingival cell proliferation, attachment, and integration with the alveolar bone (2). The scaffold aims to promote natural gingival regeneration while providing structural support. The development process, efficacy testing, and expected clinical application of this novel gingival regeneration scaffold are outlined. This approach, if successful, could offer a safer, non-invasive, and cost-effective solution for treating gingival recession.

## Introduction

### Gingival Recession: Causes and Current Treatment Limitations

Gingival recession is a condition in which the gingival tissue gradually pulls away from the tooth surface, exposing the root. This exposure can lead to various complications, such as heightened tooth sensitivity, increased risk of root caries, and greater susceptibility to periodontal disease (2, 3). The primary causes of gingival recession include improper oral hygiene practices, excessive or aggressive brushing, periodontal disease, anatomical or structural issues, smoking, and genetic predisposition (4). Over time, these factors contribute to the weakening and degradation of the gingival connective tissue and periodontal ligament, which in turn affects the stability of the gingiva and its attachment to the tooth and alveolar bone.

The effects of gingival recession go beyond aesthetics, significantly impacting oral health. As the gum tissue recedes, it not only compromises the structural integrity and stability of the tooth but also contributes to functional issues, such as discomfort while eating and increased vulnerability to bacterial infections in exposed areas (3). Chronic inflammation associated with periodontal disease can also exacerbate tissue degradation, leading to alveolar bone loss and weakening of the entire periodontal structure.

Existing treatment options for gingival recession, such as connective tissue grafts and guided tissue regeneration, primarily involve invasive procedures. While effective in some cases, these treatments have limitations, including donor tissue compatibility, high procedural costs, and mixed outcomes in terms of tissue integration and stability (1). Additionally, traditional approaches lack a regenerative mechanism for complete restoration of both soft tissue and the critical attachment to the alveolar bone.

### **Rationale for Using a Silk Fibroin-Based Scaffold**

To address the limitations of current treatment methods, this study proposes the development of a silk fibroin scaffold enriched with bioactive factors specifically targeting gingival tissue regeneration. Silk fibroin, a protein derived from *Bombyx mori* (silkworm) silk, is recognized for its exceptional biocompatibility, biodegradability, and mechanical strength, making it highly suitable for use as a scaffold in tissue engineering applications (4). The use of silk fibroin in regenerative medicine has been extensively studied, and its unique properties offer significant advantages in creating a supportive environment for tissue growth (4).

#### **1. Biocompatibility and Biodegradability:**

- Silk fibroin is well-tolerated by human tissue and degrades slowly, allowing it to serve as a temporary scaffold that gradually integrates with new tissue. Its biodegradability is particularly advantageous in gingival applications, where a slow degradation rate allows time for full tissue integration and regeneration without needing secondary removal.

#### **2. Mechanical Strength and Structural Stability:**

- Unlike many synthetic scaffolds, silk fibroin maintains sufficient mechanical strength to provide structural support in dynamic environments like the oral cavity. This strength ensures that the scaffold can withstand functional stresses

during tissue regeneration, creating a more reliable and stable base for new gingival tissue.

### 3. **Controlled Release Capabilities:**

- Silk fibroin can be engineered to contain and gradually release bioactive factors, which is essential for promoting sustained tissue growth and regeneration. This feature is particularly relevant in gingival regeneration, where the gradual release of growth factors and adhesive proteins can encourage controlled cell proliferation, attachment, and differentiation over time.

By using silk fibroin as a scaffold material, this approach provides a stable and biocompatible environment that supports the long-term attachment of gingival tissue to the tooth and alveolar bone (4).

## **Objective and Proposed Solution**

The aim of this study is to develop a silk fibroin-based scaffold that combines the structural properties of silk fibroin with the regenerative effects of three growth factors—EGF (Epidermal Growth Factor), FGF (Fibroblast Growth Factor), and VEGF (Vascular Endothelial Growth Factor)—alongside three adhesive proteins—laminin, fibronectin, and osteonectin (1, 4). This combination addresses both the cellular proliferation needed for tissue regeneration and the adhesion necessary for integration with the alveolar bone.

**Growth Factors (EGF, FGF, VEGF):** These factors play a pivotal role in enhancing cellular proliferation, differentiation, and vascularization. EGF promotes cellular growth and differentiation, FGF stimulates blood vessel formation and cell proliferation, and VEGF encourages angiogenesis, ensuring that the regenerating tissue receives adequate oxygen and nutrients (2). Together, these factors create an environment conducive to robust gingival tissue regeneration.

**Adhesive Proteins (Laminin, Fibronectin, Osteonectin):** These proteins are incorporated to promote adhesion between the gingival tissue and the alveolar bone. Laminin facilitates cell attachment to the extracellular matrix, fibronectin aids in initial cell adhesion and migration, and osteonectin supports the binding of gingival tissue to bone, ensuring the stability of the regenerated tissue (3).

By using a silk fibroin scaffold enriched with these bioactive agents, this approach seeks to address gingival recession in a minimally invasive yet highly effective manner. This novel scaffold is anticipated to enhance the efficacy of gingival recession treatment by combining the structural stability of silk fibroin with targeted regenerative factors, thus enabling more complete and natural tissue restoration (4). This method could offer a more practical, long-term solution for patients suffering from gingival recession, providing a regenerative alternative to traditional surgical procedures.

## Methodology

### Materials and Preparation of Silk Fibroin Gel (100mL)

#### 1. **Materials:**

- Commercially available degummed silk threads (5g for a 5% solution).
- $\text{CaCl}_2$  solution.
- Ethanol and distilled water.

#### 2. **Preparation of $\text{CaCl}_2$ -Ethanol-Water Solution:**

- Prepare a 1M  $\text{CaCl}_2$  solution.
- Mix  $\text{CaCl}_2$ , ethanol, and water in a 1:2:8 volume ratio to create a  $\text{CaCl}_2$ -ethanol-water solution.

#### 3. **Silk Fibroin Dissolution:**

- Add 5g of silk threads to 100mL of  $\text{CaCl}_2$ -ethanol-water solution.
- Heat the mixture at  $60^\circ\text{C}$  for 4 hours with continuous stirring to dissolve the silk fibroin.
- Filter the solution to remove any undissolved material.

#### 4. **Dialysis:**

- Dialyze the solution against distilled water for 72 hours to remove residual  $\text{CaCl}_2$  and ethanol.
- This process yields a purified silk fibroin solution.

#### 5. **Gel Formation and Protein Incorporation:**

- Add growth factors (EGF, FGF, VEGF) at 10 ng/mL each and adhesive proteins (laminin, fibronectin, osteonectin) at 10  $\mu\text{g}/\text{mL}$  each to the fibroin solution.

- Mix thoroughly and allow the solution to form a gel at room temperature over 24 hours.

## **Efficacy Testing (Expected)**

### **In Vitro Testing**

#### **1. Cell Adhesion Assay**

- Gingival fibroblasts and alveolar bone cells are cultured on the scaffold.
- Fluorescence staining and microscopy will assess cellular attachment to the scaffold.

#### **2. Cell Proliferation and Viability Assay**

- MTT or Live/Dead assays will measure cell viability at specific intervals (Day 1, Day 3, etc.).
- These assays will evaluate cell proliferation on the scaffold.

#### **3. Cell Migration and Differentiation**

- Cell migration and tissue penetration will be observed to assess scaffold integration.
- PCR or immunostaining will check for specific markers indicating differentiation into target tissues.

### **In Vivo Testing(Expected)**

#### **1. Animal Model**

- A gingival recession model will be used in rodents to assess in vivo efficacy.
- The scaffold will be implanted at the recession site, and tissue regeneration will be monitored.

#### **2. Histological Analysis**

- Tissue samples will be collected at intervals (2, 4, and 8 weeks) for histological staining (H&E, Masson's Trichrome).
- Blood vessel formation and extracellular matrix production will be analyzed.

### **Clinical Trials (Expected)**

#### **1. Phase 1: Safety Assessment**

- **Objective:** Evaluate basic safety and determine the optimal delivery method and dosage.

- **Subjects:** Small group of participants with mild gingival recession.
  - **Method:** Scaffold implantation and observation of any adverse reactions through regular checkups and blood testing.
2. **Phase 2: Efficacy and Dosage Optimization**
- **Objective:** Assess efficacy and determine optimal scaffold concentration for gingival regeneration.
  - **Subjects:** 100-200 patients with gingival recession.
  - **Method:** Different scaffold concentrations will be tested, measuring gingival improvement and tissue health through clinical exams and imaging.
3. **Phase 3: Large-Scale Efficacy and Safety Evaluation**
- **Objective:** Confirm efficacy and safety in a large patient group to support regulatory approval.
  - **Subjects:** 300-1,000 patients with varying degrees of gingival recession.
  - **Method:** Scaffold application in real clinical settings, comparing results with traditional treatments. Long-term effects will be monitored and statistically analyzed.
4. **Phase 4: Post-Market Surveillance**
- **Objective:** Monitor for rare side effects and long-term safety.
  - **Subjects:** Diverse patient demographics post-market release.
  - **Method:** Data collection through regular follow-ups to confirm consistent efficacy and safety.

## **Conclusion (Expected)**

This study suggests that a silk fibroin scaffold with growth factors and adhesive proteins has significant potential to restore gingival tissue and reintegrate it with alveolar bone effectively. Preclinical data and anticipated clinical trial phases indicate that this scaffold could offer a non-invasive, biocompatible, and durable solution for patients with gingival recession.

## Discussion (Expected)

If successful, this silk fibroin scaffold could revolutionize gingival recession treatment by providing an affordable and minimally invasive alternative to existing methods. The proposed structure and composition support cellular adhesion, proliferation, and tissue integration, potentially enhancing patient outcomes. Moreover, this scaffold could be adapted for other types of tissue regeneration, broadening its clinical applications.

## Keywords

Gingival Regeneration, Silk Fibroin, Growth Factors, Scaffold, Gingival Recession, Alveolar Bone, Periodontal Therapy

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