lets say we have two masses attracted to each other by the mean of electromagnetism and that they are spinning at different radii from the center of the universe and that they spin at their radii at the same speed

they would spin around the center of the universe but the one at the bigger radius would slow down than the one at the inner radius since the mass at the circle of the inner radius of the universe is smaller and thus would rotate the circle much faster

we summarize what would happen in this order

1-the two masses lose volume as mentioned in a previous paper and gain equal speed

2-the outside mass spin around the inner mass the inner mass becomes the outer and they keep swapping their inner and outer radii and thus the two masses literally spin in space as if they were one mass

3-this fight on being on the inner side of the universe makes them produce heat as they hit each other and produce photons(this way or any other way)

4-the produced photon makes the mass it was produced from slow down in speed as mentioned in the paper "photons shot from non inertial frame of reference" and thus the whole mass decreases in speed

5-leading lastly to the increase in the tick of the clock and forward moving of time

which simply means that spinning makes the clock tick faster