The universe is not expanding its we are who are getting smaller

In this demonstration i will show how I reached up this conclusion

Now lets say that the universe is a reservoir

This reservoir is giving away stuff to everything in it

It contains masses that need energy and vacuum that needs the the masses to decrease or shrink to be replaced by vacuum in the places that lost the energy

Now we reach the question how do we get smaller? Well its very simple when we lose the energy of our masses we end up gaining speed this speed is actually nothing but masses moving and so the masses would have to lose some of its mass to accelerate when this happens the mass turns into speed which contribute to smaller sizes of masses and increase in the surrounding vacuum

To put this mathematically we say that the big zero is the universe or the reservoir and 1 is matter and -1 is antimatter and small zero is the vacuum

The equation is

Universe(reservoir or big zero)=existence matter(one)+antimatter(negative one) + nonexistence(vacuum or small zero)

Which looks like this

Big zero=one+negative one+small zero

Which looks finally like this

0=1+-1+0

This is still work under progress will find more hypothetical info about this and some practical inventions for this